



May 9, 2017

This edition is full of new renovations, epic interviews, and a great reveal! Read on to find them all!

Miss Know it All's Column

#### Miss Know it All

Miss Know it All is here to help answer difficult questions students might have about topics ranging from school to friendships to everyday life.

Dear Miss Know it All,

With the "STAAR" coming up I'm getting some serious testing anxiety. How can I deal with this so I can focus on my test?

Sincerely: major test anxiety

Dear major test anxiety,

I took your question to Mrs. Boyce, one of our seventh grade English teachers, and she has some great advice to share. There are certain steps you can take to manage your stress. Shoot a locker with a nerf gun! No, I'm just kidding! Here are the real tips from our trusted teacher, Mrs. Boyce:

- Get a good night's sleep before a major test so you aren't tired when you are trying to do your best. When you are tired, coping strategies don't seem to work as well.
- If you have trouble focusing or being anxious, take a break, move around, get a drink of water. Do what you need to do to regain focus or calm down.
- Take a few deep breaths, think about everything you know, and don't forget to breathe! Breathing helps calm your nerves and gets much needed oxygen to the brain. Remember, it's just a test!

If these tips don't help, there are lots of websites that offer good test taking strategies and suggestions to reduce test anxiety.

Best of luck,

Miss Know it All

# **Around School Presents**

## Ford Pool!

Well, school is almost over, and you are going to have nothing to do this summer. You could go to the movies, hang out at the park, sleep, etc., or this summer you could go to the brand new Ford Pool! It has 20-foot water slide, kids play structure, tumble bucket tower, 8 cabanas, 3 pavilions, new showers, changing areas and bathrooms. Best of all, if you can't wait 'til summer, you can start going Memorial Day Weekend!

Written by: Sofia Strannemar

Picture by: Joseph Jordan and Juli Sawyer





### **Student Opinions: Dress Code**

by:Antonella Scaffidi

We asked twenty random people three questions concerning our current dress code and whether or not there should be changes. When asked if colored hair is distracting, seventeen students said no while three said yes. All twenty students believe we should be able to wear pajamas before winter break. Some said that they just wished there was more freedom when it comes to our clothing choices. Others said that they think our rules are perfectly fine, and five of the twenty interviewed even said they wish there was less freedom and we had uniforms. It seems it is difficult to reach an agreement, even when asking a small number of students.

#### Slime

Slime has caused a lot of controversy at school, and some believe it shouldn't be banned. A lot of kids I interviewed argued that slime can be stress relieving from the hard work some kids are put through during school. If I'm being really honest, it is super fun to play with, although it was emphasized that slime gets stuck in carpets, stuck in people's hair, and stains clothes which is a huge inconvenience to the janitors and to students who don't want to replace favorite items of clothing or chop off a chunk of their hair. I'm almost amused by this whole slime fiasco. Students started to bring this ridiculous piece of blob made of glue and Borax to school and started to sell it- as if our school had transformed into the slime black-market. Overall, I personally think the school was in the right banning slime. It caused too much of a mess and, though it can be stress relieving, it's better kept at home. Now on to fidget spinners....(sigh)



Written by: Katrina Hanicak

# What do teachers really do after school?

Lots of kids wonder what teachers really do when the school day ends. Some teachers do weird things, but most teachers grade homework and classwork, call moms and dads about bad grades, and prepare for the next day's lessons. Many stay after school to offer tutoring. Some teachers do what they need to before going home like Mr. Yonts and Mr. Payne. Other teachers leave school by 4:00, maybe to go play golf or tennis, or something else relaxing, and then they do work from home in the evening. You should know that teachers are busy before and after school, and they are not just picking their noses or trying to plan ways to make us students miserable. They are working hard to make sure we are learning and making good progress. And, they are always available to help us when we need it. So thank a teacher—they spend a lot of time working for your benefit!

# The Secret Life of Our Principal

Mr. Russell, our principal, is the man you see around here whenever you pass through the halls. But do you really know him? For all we know he could have a gigantic robot army. Maybe a ninja army or even a ninja robot army. But we'll have to sadly leave those dreams behind because our principal's life is nowhere near that exciting. Though it is a lot more exciting than some other people here. I mean he actually gets out of his home for something other than school and groceries (Yes, I'm scolding you kids that can't seem to get off your lazy buttocks).



It's no surprise that Mr. Russell is no slacker when it comes to work, or at least from what we've seen. Despite the fact that he must devote a lot of time to the paperwork we practically hand to him, he still manages to take care of things with a calm demeanor and a quick wit. He also breaks away from his busy schedule to help oversee and attend many of our school activities. In addition, he makes it a priority to spend time with his family (one of his favorite pastimes is going camping with his daughter.) All in all, we think he has a pretty balanced life!

I would encourage you to wave or greet him in the hall, for you never know when his army of samurai warriors will appear out of nowhere. Ok, fine, that probably won't happen, but he still deserves a hearty wave for being a great leader!

Written by: Tasman Reeves

Interview done by: Tasman Reeves and Ariel Arrezola

# **Fun Facts Presents:**

MRS. PANNELL WAS COLLEGE BUDDIES WITH WHO?!?!?!?!?!?!?!?!?!?

Answer: Jeremy Renner! AKA: Hawkeye from *The Avengers*!

THIS MONTH'S FACT!

MS. HARMS GOT WHAT SCORE ON WHAT GAME?!?!?!?!?!?!?!?!?